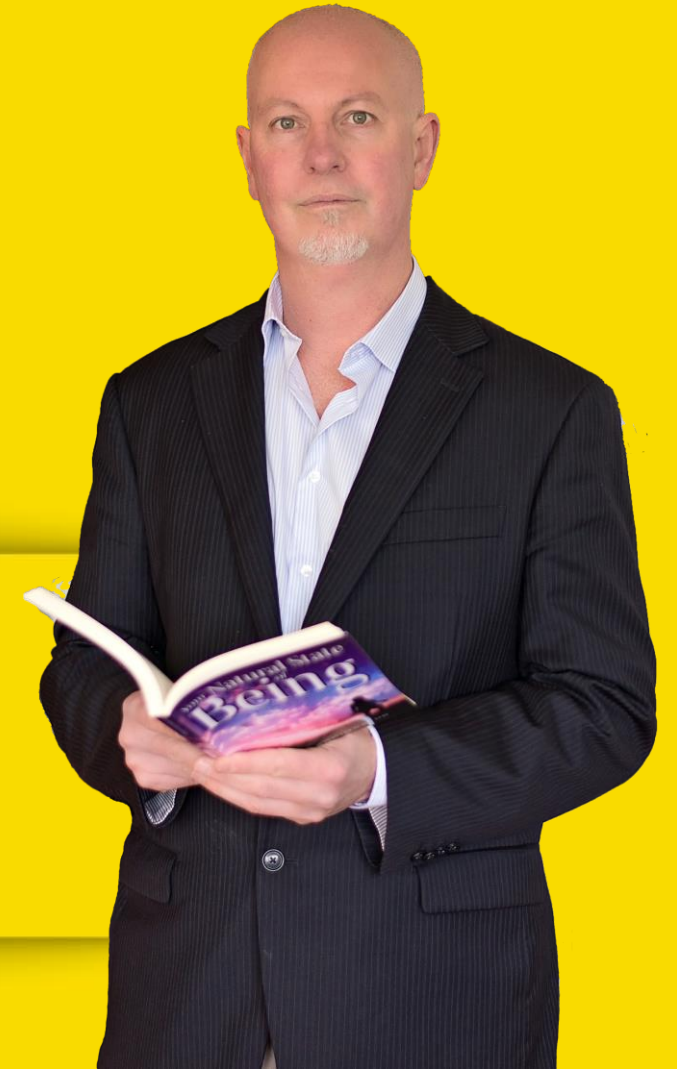


YOUR NATURAL STATE OF BEING

by Dr. Scott Zarcinas

LIVE

**INTERVIEW
PROMPTS**



1. In what ways can this book improve readers' lives?

Your Natural State of Being is a book designed to help readers by:

- Directly enhancing your feelings of joy, security, acceptance, peace, and freedom
- Markedly reducing your daily stress and suffering
- Delivering fullness and meaning to your life
- Revealing the goodness, truth and beauty of every moment

2. How can this book make life easier for people?

Your Natural State of Being makes readers' lives easier by:

- Targeting the real cause of unhappiness and suffering—*forgetfulness* of our connection to the Source of life
- Offering real solutions to overcoming our unhappiness and suffering
- Providing strategies to experience more joy, security, acceptance, peace, and freedom
- Removing the obstacles to our happiness

3. What is the purpose of this book?

The purpose of *Your Natural State of Being* is for readers to:

- Understand that they already have what they are looking for
- Experience the joy, security, acceptance, peace, and freedom of their true self on a daily basis
- Know the connection with our Source is intact and unbroken
- Fulfil their true potential in this lifetime

4. How can readers be happier and get more of what they want?

Your Natural State of Being helps readers to be happier and get more of what they want by following the principles of the Attitudes of Abundant Living:

- Giving: Give unto others that which you wish for yourself
- Forgiving: Forgive others so that you can let go of the past and move forward with your life
- Thanksgiving: The happiest people in life are those who are grateful and give thanks

5. What are some things that readers can do right now to improve their situation?

Your Natural State of Being reveals exactly how readers can improve their situation right now:

- Believe you already have everything you are looking for inside you—joy, security, acceptance, peace, and freedom—because the connection with the Source is still intact

6. Do people really need to change what they're doing?

Your Natural State of Being is not a book that tells people what to think, but how to think:

- If you are happy with your life situation at present, then keep doing what you've been doing
- If, however, you want more joy, security, acceptance, peace, and freedom in your life, this book will help you experience more of what you're looking for

7. What can readers expect to benefit from this book?

After reading *Your Natural State of Being*, readers can expect to benefit a full range of experiences and understanding:

- That they already have what they're looking for
- That they don't need more money, possessions, relationships, careers, in order to experience more joy, security, acceptance, peace, and freedom
- That the Attitudes of Abundant Living—Giving, Forgiving, Thanksgiving—are the keys to experiencing more of what they want

8. What positive steps can readers take?

There are many positive steps readers can take from *Your Natural State of Being*; here are 3 to begin with:

- Belief determines everything: therefore, work to disarm any self-limiting beliefs about yourself
- Your mottos are a window to your underlying beliefs: therefore, understand what mottos you hold and ask yourself whether they work positively or negatively for you
- The Attitudes of Abundant Living: embrace at least 1 of these attitudes—Giving, Forgiving, Thanksgiving—and see what positive effect it has on your daily life

9. What is the one thing that will make most difference for readers?

Your Natural State of Being discusses the reasons why suffering and sadness exist and offers real solutions to healing our lives. But the one thing that will make most difference for readers is:

- Believing that the connection to our Source is still intact and because of this we already have what we are looking for—joy, security, acceptance, peace, and freedom

10. Do you have any other tips for readers?

Besides reading and implementing the teachings in *Your Natural State of Being*, the best tip for readers is:

- Understand why you do what you do and what you seek in life, then implement the Attitudes of Abundant Living—Giving, Forgiving, Thanksgiving—to experience more of what you want:

Joy, Security, Acceptance, Peace, and Freedom

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