



# The FollowThrough Program™ Essentials

LIFE FOCUS

LIFE SUCCESS

LIFE ELITE

12-Week Life Leadership Rejuvenator Complete Online Training Course	✓	✓	✓
2-Day Life Leadership Workshop Know Your THING & Find Your Niche	✓	✓	✓
10x Monthly Life Leadership Webinars *Life-strategy *Nutrition *Fitness *Financial Planning *And more...	✓	✓	✓
Resource Library (members only) *Templates *Tools *Videos *eBooks	✓	✓	✓
10x Monthly Online Group Mentoring & Coaching Sessions (members only)	✓	✓	✓
Life Leaders Club Annual Membership	✓	✓	✓
Life Leaders Club Mastermind Facebook Forum (members only private group)	✓	✓	✓
10x Monthly Coaching & Mentoring Calls Expert Advice Tailored for Your Needs	✗	✓	✓
Personal Accountability Mentor To keep you focused and empowered	✗	✓	✓
Life Leadership Planning Day 1-Day Reinvigoration Workshop	✗	✓	✓
3x Life Leadership Personal Training sessions to keep you fit and energetic	✗	✗	✓
3x Life Leadership Nutritionist sessions to keep you healthy on the inside	✗	✗	✓
3x Life Leadership Financial Planning sessions: Expert Advice Tailored for Your Financial Needs	✗	✗	✓
2x Private ½-Day Life Leadership Coaching & Mentoring Sessions with DoctorZed	✗	✗	✓



Dr. Scott Zarcinas (aka DoctorZed) is a doctor, author, and Life Leadership expert. He helps people who are stuck in a rut to get on track by addressing the impact of stress, fear, and procrastination. DoctorZed specialises in helping clients to achieve the success they want by building confidence, developing clarity of vision, and finding direction. DoctorZed gives regular workshops, seminars, presentations, and courses to support those who want to make a positive difference through positive action.